

# *Delridge Community Center*



*SPRING 2004*





# WELCOME TO DELRIDGE!

## Hours of Operation

Monday	1:00 p.m.- 9:00 p.m.
Tuesday - Thursday	11:00 a.m.- 9:00 p.m.
Friday	12:00 p.m.- 8:00 p.m.
Saturday	10:00 a.m.- 5:00 p.m.
Sunday	CLOSED

### Friday & Saturday Late Night Hours

8:00 p.m. - 12:00 a.m.

### Holiday Closures

Memorial Day — May 31, 2004

## Professional Staff

### Recreation Center Coordinator

Alice Greer

### Assistant Coordinator – (Acting)

Jose Brown

### Teen Development Leader

Susie Malmquist

### Maintenance Laborer

Mary Jo Rossmann

### Recreation Attendant

Janell Owens

### Administrative Support Assistant

Elimika James (EJ)

### Before & After School Program Director

Heather Patrick

## Management Staff

Ken Bounds- Superintendent

Christopher Williams- Director of Operations

Kate Gray - SW Parks Manager

## Telephone Numbers

Office: (206) 684-7423

Fax (206) 684-7424

OnRamp: (206) 933-8629

## Address

**4501 Delridge Way SW • Seattle, WA 98106.**

Located in West Seattle. Take the West Seattle Bridge Exit off of I-5. Proceed onto the bridge and take the Delridge Way SW Exit off the West Seattle Bridge. Drive south on Delridge through two traffic lights and the community center is on your right hand side.

## ADA Compliance

Accommodation will be made on request for persons with disabilities. If you need sign language interpretation or other accommodations, please call (206) 684-7438 or (206) 233-7061 (TDD only). If possible, please allow 10 working days advance



notice for sign language interpretation or auxiliary aide. If a class or activity is scheduled in an area that is not accessible to wheelchairs, we will make every effort to help find a similar program in a more accessible location.



**City of Seattle**

**Seattle Department of Parks and Recreation**

### **Mission Statement:**

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.



# BASIC INFORMATION

## ***Fees & Charges***

Programs and activities listed in this brochure are provided by the Delridge Advisory Council under an agreement with the Department of Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of these programs.

## ***Non-Discrimination***

As a matter of policy and commitment, the Seattle Department of Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental or physical handicap.

(Seattle Municipal Code 18.12.280)

## ***Refund Policy***

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- \* Any person who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund
- \* Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start date, may receive a refund minus a service charge
- \* Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start date will not receive a refund
- \* Please read the entire policy, available upon request, for specific information

## ***Waiting List***

We will create a waiting lists for all classes that get filled. Please make sure your name is on a waiting list, so if a space becomes available, we can contact you.

## ***Payment***

You may pay for classes and other activities by mail, in person during regular operating hours, or by phone with a credit card. We accept Visa, MasterCard, and American Express. If you are paying by money order or check, please make it out to *Delridge Advisory Council*. If your check is returned for insufficient funds, you will be charged a \$20.00 fee.

## ***Scholarships***

Scholarships are available, as funds allow, for all programs through the Delridge Advisory Council. Application forms are available at the center or call 684-7423 for more information.

## ***Volunteers***

There is a great need for volunteers at Delridge Community Center. We need individuals that want to volunteer their time to coach youth sports programs, such as track & field, basketball, girls softball, etc... High School students can earn credit for some service hours completed at the center.

## Woman, Infants & Children (WIC)

Seattle-King County Department of Public Health offers a program to all pregnant women and women with infants and children through age five. The program targets those who are considered to be at nutritional or medical risk. Nutritional education, counseling and health specialists who perform nutritional assessments, are available to program participants at no cost. Please call (206) 296-4755 (M,T,TH,F) or (206) 296-4533 (Wed) for additional information about the WIC program. It could save your baby's life.



## Room Rentals



Delridge Community Center is available for birthday parties, community meetings, or private rentals. The facility is available during normal hours of operation. Please call (206) 684-7423 to check desired rental date.

## Delridge Advisory Council

The Delridge Advisory Council, in partnership with the City of Seattle Department of Parks and Recreation, takes a leadership role by planning and organizing programs held at the Center and surrounding play fields. Programs and classes are funded through the Advisory Council.



If you would like to join other citizens and professional staff in planning activities and programs for neighborhood children, teens, adults, and seniors, you are welcome to join the Delridge Advisory Council. The Delridge Advisory Council meets the 4th Thursday of the month at 6:30 pm.

Please join us! We are always looking for new and fresh ideas to make the Delridge Community Center a fun and educational place to visit!

### Current Advisory Council Members:

Cleo Peifer , Roger Iida, Edward Laymon, Donna Roseveare, Allen Stowers



# MINI-GYM

THIS FUN AND EXCITING PLAYGROUND IS EQUIPPED  
WITH MATS, BALLS, SLIDES, WAGONS, MINI-CARS, AND  
MUCH MORE!

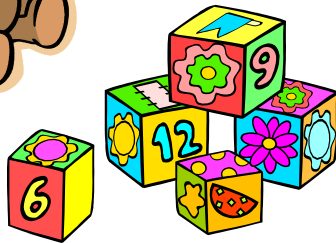


PARENTS PLEASE SUPERVISE YOUR CHILD.

THE DAYS AND TIMES OF  
THE MINI-GYM ARE  
TUESDAYS-FRIDAYS 9:30 A.M. — 1:30 P.M.

ON WEDNESDAYS THE MINI-GYM WILL  
BE IN ROOM #5

THE COST IS \$2.00/PER CHILD  
THERE ARE MINI-GYM PUNCH CARDS  
ALSO AVAILABLE



## PUNCH CARDS

5 VISITS..... \$10.00  
10 VISITS..... \$20.00

Spring 2004

PRESCHOOL PROGRAM

\*\*\*\*\*  
 \* Delridge Community Center \*  
 \*  
 \* Friday 8:00 p.m. – 11:30 p.m. FREE \*  
 \* Saturday 8:00 p.m. – 11:30 p.m. FREE \*  
 \*\*\*\*\*

*SPRING DANCES*  
*ST. PATRICK'S DAY DANCE- MARCH 13TH*  
*SPRING FLING DANCE- APRIL 10TH*

EACH FRIDAY & SATURDAY LATE NIGHT  
 EVENING THE STAFF PLAN AN EXCITING,  
 FUN FILLED EVENING. ACTIVITIES  
 INCLUDE:

- \* COMPUTER LAB
- \* FREE SHOOT
- \* ARTS & CRAFTS
- \* CLUB MEETINGS
- \* DRILLS & SKILLS
- \* GAMES



**JOIN US!**

*Come join the Late Night Teen Advisory Council.*

**Late Night Staff**

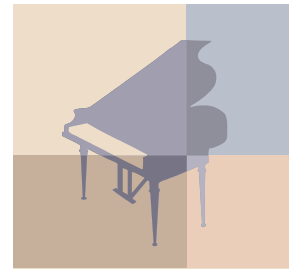
*Damon Barnett*  
*Bryan Hayes*  
*Clairette Somonski*  
*Stephanie Somonski*  
*Warrick Tulloss*  
*Laura Wilburn*

Plan Dances  
 Get Community Service Hours  
 Towards School Requirements  
 Take Trips  
 Create a Newsletter  
 And lots more!

*For more information Please contact  
 Stephanie Somonski at (206) 684-7423.*

# PIANO LESSONS

## MOVE OVER MOZART



*Move over Mozart teaches group lessons to 6 children at a time. Children participate in musical activities and learn from each other as well as from their teacher. They learn to play familiar tunes on the piano along with reading music and music theory.*

### **Times:**

5:30 – 6:00 p.m.      5 & 6 yrs. Old  
6:00 – 6:30 p.m.      7 & 8 yrs. Old  
6:30 – 7:00 p.m.      9 – 12 yrs. Old



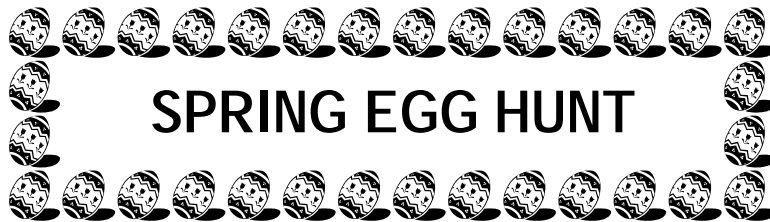
*10 weekly sessions  
\$79.00 per student + \$10.00  
annual registration fee.*

*March 30th - June 8th*

*For more Information call  
(206) 684-7423*

*Move Over Mozart  
(425) 415-6520 / (206) 227-1611*

**YOUTH PROGRAMS**



This special spring event has been very popular year after year. We provide an exciting egg hunt for children ages 11 & under. Children will find special treats hidden in their eggs.

**LOTS & LOTS & LOTS !!!  
OF CANDY AND PRIZES**



**APRIL 10, 2004  
@ 10:00 A.M.**

**BRING A BASKET AND BE READY FOR  
TONS OF FUN!**



SPRING 2004

For more information about the Delridge Teen Programs please contact Susie Malmquist, Teen Development Leader  
[Susie.malmquist@seattle.gov](mailto:Susie.malmquist@seattle.gov)



*The Teen Program offers structured activities and projects Monday through Friday after school for teens ages 13-19. Most of the activities are offered free of*

*charge, with the exception of some fieldtrips and special events.*

*Delridge offers teens a terrific teen room with great 'hang out' activities like music, game cube, karaoke, board games, and all the necessary supplies*



## SERVICE LEARNING

*ARE YOU LOOKING FOR SERVICE LEARNING PROJECTS TO FULFILL REQUIREMENTS FOR GRADUATION? OR ARE YOU JUST INTERESTED IN DOING SPECIAL PROJECTS? COME TALK TO SUSIE AND SHE WILL HOOK YOU UP WITH SERVICE LEARNING OPPORTUNITIES IN THE COMMUNITY OR RIGHT HERE AT DELRIDGE CC.*

### Special Events

**"YAW'LL HEARD!"**  
**Youth Appreciation Week**  
**April 5-9th**

*April 5th-Youth Appreciation Week Kick-Off event with the selected teen being recognized at a ceremony & dinner.*

*April 7th-All city teen barbeque and day of fun.*

*May 5th-Cinco De Mayo celebration at Loyal Heights CC*



T . A . G

### Teen Advisory Group

*Delridge has several natural teen leaders who will be meeting once a month. Join them in shaping the Teen Program, and making their voices heard in the larger teen community and contributing their leadership to issues citywide.*





SPRING 2004



# TEEN PROGRAMS

## POWER OF HOPE

*The **Power of Hope** programs are for youth, ages 14 to 18, who want to take an active role in creating a positive future and have a great time in the process. Our programs provide intensive opportunities to learn from and create meaningful relationships with adult social change activists, artists and nature educators. We encourage youth to discover their own creativity and sense of purpose, and to develop their leadership skills as they return to their communities and speak out about issues that matter to them.*

*In May, the Power of Hope will be conducting Youth Voices workshops twice a week. Youth Voices is dedicated to building community and leadership within a diverse group of youth. If you are interested in music, theatre, radio, poetry, rap, spoken word, drumming, dancing or if you have a great idea to share, this is for you! Participants will record an original CD of their work and everyone will receive a copy of the CD.*

Program Activities: these activities have been suggested by teens,  
so come on in and add to the list!

### Field Trips:

- \* Bowling
- \* Movies
- \* Skating
- \* Overnighers (lock-ins)
- \* Partnering with other centers  
on field trips

### In House:

- \* Movies & Popcorn
- \* Talent Show
- \* Shoot a movie
- \* Theatre & dance  
projects
- \* Mural painting

### Other Possibilities:

- \* Environmental Projects
- \* Sports Events
- \* Cultural Projects
- \* Leadership Activities

CHECK OUT OUR MONTHLY TEEN CALENDAR FOR COOL EVENTS!!!!

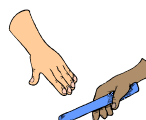
## GIRLS SOFTBALL

THIS SPRING, DELRIDGE COMMUNITY CENTER WILL BE FORMING A GIRLS SOFTBALL TEAM. COME MAKE NEW FRIENDS AND PLAY THIS WONDERFUL SPORT. OPEN FOR GIRLS AGES 8-17.

FEE: \$30.00



## TRACK & FIELD



YOUTH AGES 5-17 YEARS OLD ARE REGISTERING FOR THE DELRIDGE COMMUNITY CENTER TRACK TEAM. TRACK PRACTICE WILL BEGIN WITH STRETCHING, WARM-UP LAPS AND RACES. GET IN SHAPE AND HAVE FUN TOO!

FEE: \$35.00



## VOLUNTEER COACHES NEEDED!

Do you have knowledge of a sport you would like to teach? Do you enjoy working with kids? We are always looking for adults to coach our kids in different sports such as basketball, volleyball, softball, and track & field.

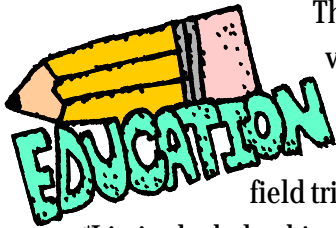
If you are interested in coaching at Delridge Community Center, please come by and pick up a volunteer packet, or call (206) 684-7423 for more information.

## WEST SEATTLE COMMUNITY YOUTH SPORTS ORGANIZATION

West Seattle Little League	937-1928
Pony Bronco Baseball	767-2705
West Seattle Soccer	935-6343
SWAC Football	762-0362



# Before & After School Program 2003-2004 School Year



The Before & After School Program is a structured, supervised play time aimed for school-aged children. They will have the opportunity to participate in arts & crafts, cooking, games, music, computer lab, swimming and field trips.

\*Limited scholarships are available\*

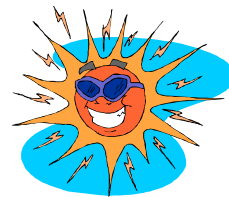
Ages 5-12 years

Program Director: Heather Patrick

Counselors: Lily Talamaivao, Sarah Gutierrez, Janell Owens, Trent Harris

Before School: \$175.00/ per month

After School: \$ 230.00/ per month



Spring Break Camp is scheduled for April 5-9 this year. This fun and well supervised program will keep the children occupied and entertained all day. Activities planned are field trips, swimming, arts and crafts, sports, games and day hikes.

Pre-registration is required beginning March 31st. Please provide your child with a sack lunch daily; breakfast and snack will be provided.

Fee: \$120.00/per week or \$25.00/per day

## ***Summer Day Camp!***

***Registration begins April 5th  
Space is limited, so register  
early!***

**YOUTH PROGRAMS**

# Special Pops Cooking Class

## ADULT PROGRAMS

*This cooking class is for adults with disabilities. Come and learn the basic skills for preparing and cooking healthy meals. They will learn what's needed to prepare a meal from beginning to end and eat their finished meals.*



### Session #1

Tuesdays: March 30 — April 27, 2004

### Session #2

Tuesdays: May 4 — June 1, 2004

Times: 6:30 — 8:30 p.m.

Cost: \$15.00/ per session

To register for this program, please call  
Specialized Programs  
Office at  
(206) 684-4950.



## Tap I & Jazz II Adult Dance Classes

**Instructor: Susan Wright**

### TAP I

April 7 — 28, 2004

May 5 — 26, 2004

June 2 — 30, 2004

6:45 p.m. — 7:45 p.m.

\$30.00/4 week session

### JAZZ II

April 7 — 28, 2004

May 5 — 26, 2004

June 2 — 30, 2004

7:50 p.m. — 8:50 p.m.

\$30.00/4 week session

*To attend both classes the fee will be  
\$50.00/per 4 week session.*

### Fitness Room

*The fitness room at Delridge Community Center offers weight machines, free weights, three treadmills, two step machines and stationary cycles.*

### Hours of the Fitness Room:

<b>Mondays</b>	1:00 p.m. - 8:45 p.m.
<b>Tuesday—Thursday</b>	11:00 a.m. - 8:45 p.m.
<b>Fridays</b>	11:30 a.m. - 8:00 p.m.
<b>Saturdays</b>	10:00 a.m. - 4:45 p.m.

**Cost per visit:** \$2.00

5-visits	\$8.00	save 20%
15-visits	\$20.00	save 33%
30-visits	\$30.00	save 50%

# Dance Classes

## JITTERBUG I

Jitterbug is uniquely American and learning it is an exhilarating experience! If you want to go out dancin', this is the class you need to take! Dance to big band, swing, rock n roll, country, new wave, blues and jazz. No partner necessary.



**Tuesdays:** April 6 — May 4, 2004  
**Time:** 7:30 p.m. — 8:30 p.m.  
**Cost:** \$40.00  
**Where:** Delridge Community Center

### INTERMEDIATE LEVEL

**Tuesdays:** May 11 — June 8, 2004

Glide across the floor with ease after taking this beginning ballroom class. Learn how to do the fox trot, waltz, and tango in this easy step-by-step beginning level class. No partner necessary.

**Tuesdays:** April 6 — May 4, 2004  
**Time:** 6:30 p.m. — 7:30 p.m.  
**Cost:** \$40.00  
**Where:** Delridge Community Center



### INTERMEDIATE LEVEL

**Tuesdays:** May 11 — June 8, 2004

### SAME TIME & COST

## BALLROOM DANCING

## MIDDLE EASTERN DANCES

Discover yourself through the feminine, ancient dance forms of the Middle East! This beginning class will introduce you to the exquisite movements of Arabix and Turkish belly dance, as well as various folk styles of North Africa and Persia.



**Mondays:** April 19 — May 24, 2004  
**Time:** 6:30 p.m. — 8:00 p.m.  
**Cost:** \$59.00  
**Where:** Delridge Community Center

## INTERNATIONAL CUISINE

### MEXICAN COOKING: BEYOND THE BURRITO

Most people think of Mexican food as simple finger food. But it is really much more than that since there are so many regional variations as well as strong European influences. We'll start with mango, jicama and feta quesadillas, then napolles (cactus) salad, and finally shrimp with orange and tequila achiote chicken with lime-flavored broth. There will also be a great video travelogue.



**Monday:** April 19 5:45-8:45 p.m.  
**Cost:** \$35.00

### SALSA DANCING

Seattle Salsa's scene is popping with events and activities from around the world. Learn Salsa the way it is danced by people of all ages in the smallest Latin towns to some of the most exciting nightclub scenes around the world. No partner necessary.

**Mondays:** April 12 — May 24, 2004  
**Time:** 7:00 p.m. — 8:30 p.m.  
**Cost:** \$70.00  
**Where:** Delridge Community Center

## ONRAMP COMPUTER CLASSES SPRING 2004

Delridge OnRamp will offer classes in partnership with South Seattle Community College's Continuing Education Department. Spring Quarter begins, April 5 — June 18, 2004. For more information and to register for these classes, call the Continuing Education Office at South Seattle Community College at (206) 764-5339.

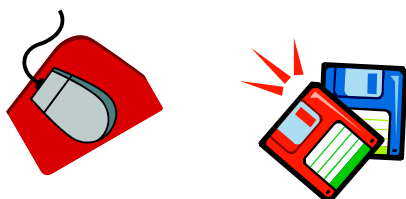


### SPRING 2004 LAB HOURS

First Come – First Served. Homework and career development take priority during these hours.  
Ages 5 and older.

**Monday** 1:00 p.m. — 6:00 p.m.  
**Tuesday — Thursday** 12:00 p.m. — 5:00 p.m.  
**Friday** 1:00 p.m. — 6:00 p.m.  
Hours are subject to change without notice.

For more information please contact  
Janell Owens at 933-8629.



### ONRAMP STORE

For your convenience the store sells a variety of supplies:

Floppy disks  
pens  
Resume paper  
pencils  
Resume envelopes  
Notebook paper  
report folders  
Envelopes

Let us know what else you would like to see in the store, and we will get it for you.

### OTHER SERVICES AVAILABLE

Internet Access  
Photo Copying (10¢/page)  
Faxes (10¢/page)  
Printing (10¢/page)

## OnRamp Senior Programs

### Personal Computer Basics



Operating a computer does not have to be scary or frustrating. Learn fundamental skills necessary to use a computer. Learn how to use the Microsoft Windows operating system. Surf the World Wide Web and set up an e-mail account that can be accessed from almost anywhere in the world. To register for this informative course, call (206) 933-8629.

April 6, 8, 13, 15, 2004  
10:00 a.m. — 12:00 p.m.  
\$15.00/ per person

## Shoppin' Green - Green Home Class

Shoppin' Green can save you money ! Discover how you can shop for safer cleaning and home care products. Attend this free class and discover which commonly used home cleaners and household products may be harmful to you and your families health. This class also includes information about safer lawn and garden products. This information is priceless! You'll be travelin' a greener path to a safer home. *Pre-registration is required, by registering at the Delridge Community Center or call (206) 684.7423.*

A Bonus! - You will leave with your own FREE Green Home Kit.  
Attend one class to receive your FREE Green Home Kit.

Saturday, April 3, 2004, 1:00 to 2:30 p.m.

Saturday, June 5, 2004, 1:00 to 2 :30 p.m.

*Earth Day 2004*

WHAT'S HAPPENIN'

# ***HELPFUL PHONE NUMBERS***

## **COMMUNITY CENTERS**

<i>Alki</i>	684-7430
<i>Ballard</i>	684-4093
<i>Bitter Lake</i>	684-7524
<i>Delridge</i>	684-7423
<i>Garfield</i>	684-4788
<i>Green Lake</i>	684-0780
<i>Hiawatha</i>	684-7441
<i>Jefferson</i>	684-7481
<i>Langston Hughes</i>	684-4757
<i>Laurelhurst</i>	684-7529
<i>Loyal Heights</i>	684-4052
<i>Magnolia</i>	386-4235
<i>Meadowbrook</i>	684-7522
<i>Miller</i>	684-4753
<i>Montlake</i>	684-4736
<i>Queen Anne</i>	386-4240
<i>Rainier</i>	386-1919
<i>Rainier Beach</i>	386-1925
<i>Ravenna-Eckstein</i>	684-7534
<i>Southwest</i>	684-7438
<i>South Park</i>	684-7451
<i>Van Asselt</i>	386-1921
<i>Yesler</i>	386-1245

## **SWIMMING POOLS**

<i>Southwest Aquatics</i>	684-7440
<i>Colman (outdoor/summer)</i>	684-7494
<i>Rainier Beach</i>	386-1944
<i>Wading Pools (summer)</i>	684-7996
<i>Mounger Pool (summer)</i>	684-4708

## **RECREATION INFORMATION**

<i>Public Information</i>	684-8020
<i>Compliments/Concerns</i>	684-4075
<i>Picnic Scheduling</i>	684-4081
<i>Field Rain-Out Hotline</i>	684-4077
<i>Gym Rentals</i>	684-7095
<i>Youth Athletics</i>	684-7094
<i>Adult Athletics</i>	684-7092

## **EMERGENCIES**

<i>Fire/Medical/Police</i>	dial 911
<i>Poison Center</i>	526-2121
<i>Crisis Clinic</i>	461-3222
<i>Animal Control</i>	386-4354

## **SPECIAL INTERESTS**

<i>Aquarium</i>	386-4320
<i>Woodland Park Zoo</i>	684-4800
<i>Seattle Tennis Center</i>	684-4764
<i>Daybreak Star Indian Cultural</i>	285-4425
<i>Discovery Park</i>	386-4246
<i>Carkeek Park</i>	684-0877
<i>Camp Long</i>	684-7434
<i>Japanese Garden</i>	684-4725
<i>Kubota Garden</i>	684-4584
<i>P-Patch</i>	684-0264

## **SCHOOLS**

<i>Highland Park</i>	252-8240
<i>Sanislo</i>	252-8380
<i>Cooper</i>	252-8170
<i>Schmitz Park</i>	252-9700
<i>High Point</i>	933-5390
<i>Fairmount Park</i>	252-9290



# ***Delridge Community Center***

## **LOOK INSIDE !**

*\* Sports Activities \* Piano Lessons  
\* Fitness Room \* Toddler Classes \* Career and  
Computer Access\* Volunteer & Community  
Involvement Opportunities\* Dance classes \*  
\* Tap/Jazz Classes \* After School Care \* Before  
Care\* Mini Gym \* Free Shoot \* Room Rentals \**

***SEATTLE PARKS & RECREATION DEPARTMENT  
Delridge Community Center K1463  
4501 Delridge Way SW  
Seattle, WA 98106***